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## Shamanic Gardening: Timeless Techniques for the Modern Sustainable Garden

By Melinda Joy Miller

Process. Paperback. Book Condition: New. Paperback. 244 pages. Dimensions: 8.9in. x 5.9in. x 0.9in. A shaman is one who walks in two worlds, one seen easily by everyone, another seen with the senses of the heart, deep recesses of the mind, and within the collective spiritual consciousness. Shamanic Gardening integrates sustainable ancient and traditional gardening methods with shamanic principles and modern permaculture. The practices, history, myths, recipes, and philosophies inside this book will enhance your relationship with nature, sustain the earth, delight your senses, and nourish your soul. Shamanic Gardening includes a cultural history of sustainable gardening, including gardening techniques used by Cleopatra, the Japanese, the Pueblo Indians, George Washington and Thomas Jefferson, and many others. This book teaches both simple and advanced techniques to garden with more awareness and effectiveness, using your inner senses. Learn to design an elegant, edible, sustainable landscape, plant for nutrition and beauty, grow healing herbs and aphrodisiacs, work with earth energies and color, extract flower essences, and much more. Melinda Joy Miller is a feng shui master, cultural anthropologist, medicine woman, and Keeper of the Medicine Wheel of Peace teachings of the Senecas. She has been practicing and teaching permaculture techniques and shamanic healing for...



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